



SENIOR ACTIVITIES- MAY 2026
WASHINGTON SENIOR CENTER
860-868-0735



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				9:30-Bocce 10am- Gentle Yoga 11:30- Zumba
4	5	6	7	8
10:30- Coffee & Muffins 	10am- Tai Chi  1-4pm- Bridge Club	9am- Walking Club @ River Walk 8AM-Tulips & Wine Day Trip 2pm- Dancercise	9am- New Milford Shopping  2pm- Mah Jongg & Games	9:30-Bocce 10am- Gentle Yoga 11:30- Zumba
11	12	13	14	15
10:30- Coffee & Muffins 	10am- Tai Chi 1-4pm- Bridge Club	9am- Walking Club @ River Walk  2pm- Dancercise	**Food Bank** 2pm- Mah Jongg & Games	9:30-Bocce 10am- Gentle Yoga 11:30- Zumba 2pm- Bocce & Mocktails
18	19	20	21	22
10:30- Coffee & Muffins 	10am- Tai Chi  1-4pm- Bridge Club	9am- Walking Club @ River Walk 11:30- Lunch & Learn- Aging at Home 2pm- Dancercise	9am- New Milford Shopping 11:30- Flower Arrangements 2pm- Mah Jongg & Games	9:30-Bocce 10am- Gentle Yoga 11:30- Zumba
25	26	27	28	29
CLOSED FOR MEMORIAL DAY 	10am- Tai Chi 1-4pm- Bridge Club	9am- Walking Club @ River Walk 12pm- Potluck Lunch 2pm- Dancercise	**Food Bank**  2pm- Mah Jongg & Games	9:30-Bocce 10am- Gentle Yoga 11:30- Zumba