



SENIOR ACTIVITES- DECEMBER 2026



WASHINGTON SENIOR CENTER

860-868-0735

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10am- Tai Chi 12:30- Fall Class @ Town Hall 1-4pm- Bridge 	2 9am- Walking Club 2pm- Dancercise	3 New Milford Shopping 10:30- Essentrics 12:30- Balance Class 2pm- Mahjong & Games	4 10am- Gentle Yoga 11:30am- Zumba
7 10:30- Coffee & Muffins  1pm- Holiday Gift Tag Making	8 10am- Tai Chi 12:30- Fall Class @ Town Hall  1-4pm- Bridge Club	9 9am- Walking Club  2pm- Dancercise	10 **Food Bank** 10:30- Essentrics 12:30- Balance Class 2pm- Mahjong & Games	11 No Yoga 11:30- Zumba 5:45- Holiday in the Depot 
14 10:30- Coffee & Muffins 	15 10am- Tai Chi No Fall Class  12PM-HOLIDAY PARTY AT SPRING HILL VINEYARDS No Bridge	16 9am- Walking Club 12pm-Lunch & Learn- Elder Financial Scams 2pm- Dancercise	17 New Milford Shopping  10:30- Essentrics 12:30- Balance Class 2pm- Mahjong & Games	18 10am- Gentle Yoga 11:30am- Zumba  1:30- Holiday BINGO
21 10:30- Coffee & Muffins 	22 10am- Tai Chi 12:30- Fall Class @ Town Hall 1-4pm- Bridge Club 2pm- Crafternoon at Gunn Library	23 9am- Walking Club No Dancercise 2-4pm- Holiday Toast	24 CLOSED FOR THE HOLIDAYS 	25 CLOSED FOR THE HOLIDAYS 
28 10:30- Coffee & Muffins 	29 10am- Tai Chi 12:30- Fall Class @ Town Hall 1-4pm- Bridge	30 9am- New Year's Eve Walk 12pm- Let's Build a Salad No Dancercise	31 CLOSED HAPPY NEW YEAR 	